



April 2026



## SPRING CLEANING MADE SIMPLE: EASY TIPS FOR EVERY HOME

April is here, and with it comes the feeling of a fresh start. The weather is warming up, the days are longer, and many people begin to think about spring cleaning.

But spring cleaning doesn't have to be hard or overwhelming. You do not need to clean everything at once. In fact, small steps can make a big difference.

Start with one small area. It could be a drawer, a shelf, or a kitchen counter. Take just 10–15 minutes to clean and organize that space. When one area feels better, it can give you energy to keep going another day.

Next, let in fresh air and light. If the weather allows, open your windows for a short time. Pull back the curtains and let the sunshine in. A bright space can help lift your mood and make your home feel more comfortable.

Another simple step is to sort

through items you no longer use. If you have clothes, books, or household items you no longer need, consider donating them. This helps clear your space and may help someone else in the community.

For families, spring cleaning can be something everyone helps with. Children can pick up toys, wipe surfaces, or organize their space. For seniors, taking it slow and focusing on one task at a time can make cleaning feel safe and manageable.

Safety is also important. Avoid using strong cleaners in small spaces, and be careful when reaching high places. If something feels too heavy or difficult, it is always okay to ask for help.

Spring cleaning is not about making everything perfect. It is about creating a space that feels calm, clean, and comfortable for you.

This April, take it one step at a time. A little cleaning today can bring a lot of peace tomorrow. Together, small efforts can make our homes—and our communities—feel fresh and welcoming.

### 5 Easy Spring Cleaning Tips

1. Clean one small area at a time.
2. Use warm water & mild soap when possible.
3. Open windows for fresh air (weather permitting.)
4. Keep only what you use and need.
5. Ask for help with heavy or hard-to-reach items.



## SIMPLE BAKED CHICKEN & VEGETABLES



### INGREDIENTS:

- 2-3 chicken thighs or breasts
- 2 potatoes (cut into chunks)
- 1 cup carrots (fresh or frozen)
- 1 tablespoon oil
- Salt and pepper to taste
- Optional, garlic or seasoning blend

### DIRECTIONS:

1. Pre-heat oven to 400°F
2. Place chicken and vegetables on a baking sheet.
3. Drizzle with oil and add seasoning.
4. Bake for 35-45 minutes until chicken is fully cooked.
5. Serve warm.

## HELPFUL REMINDER

Spring is a great time to check a few important items:

- ✓ Test smoke detectors
- ✓ Review emergency contact information
- ✓ Replace batteries if needed
- ✓ Report any maintenance concerns to your office



## COMMUNITY CORNER

### SPRING CLEANING SHARE!

Spring is a great time to refresh your space. We'd love to hear from you.

- What is your favorite cleaning tip?
- Do you have an easy organizing trick?
- Do you have any Before and After photos of a small space you updated?

Submit to your property office for a chance to be featured in an upcoming newsletter!

## Did You Know?

Cleaning and organizing even a small space can:

- ✓ Reduce stress
- ✓ Improve focus
- ✓ Help you feel more relaxed at home



# STEEPLE CHASE MANOR

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## APRIL 2026 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Rent Due</b> April Fools' Day	2	3 Good Friday	4
5 Happy Easter	6	7 Pest Control - Buildings 512 & 520	8	9	10 <b>Late Notices</b> at 10:00 am	11
12	13	14	15	16	17	18
19	20	21 Pest Control - Buildings 361, 381, & 393	22 Earth Day	23	24	25
26	27	28	29	30		

## COMMUNITY CORNER

- ▶ Happy Easter to all.
- ▶ Friendly Reminder: Rent is due on the 1st of each month. We're excited to introduce our new online payment system, which you're welcome to join. To get you set up in the resident portal, we just need a valid email address on file. With the new system, ACH payments are free, and credit/debit cards are also accepted (standard processing fees apply).
- ▶ Reminder: Our property is entirely smoke-free.
- ▶ Please do NOT leave furniture or trash outside the provided receptacles around the property.
- ▶ \*\*\*\*\*Do Not overload the washing machines\*\*\*\*\*
- ▶ Our Maintenance Supervisor will check on the property during the weekends to ensure the property is respected and all rules and regulations are followed.
- ▶ We have invested in the improvements to our community. We ask that everyone take pride and great care of it.
- ▶ **For After Hours EMERGENCIES ONLY, the number is 1-800-224-4787. For non-emergency issues, please email me at ckeener@markdanava.com or call the office.**