

December is a special month in every Mark Dana community. The days feel shorter, the air gets colder, and many of us find ourselves spending more time at home. Even though winter can be chilly, this season brings many chances to slow down, enjoy simple moments, and feel connected to the those around us.

One of the nicest things about December is that it invites us to enjoy the little things. A warm cup of cocoa, the sound of a favorite holiday song, or the glow of lights in a window can make our day brighter. Families may enjoy

cooking a warm meal together or watching a classic movie at home. Seniors might enjoy sitting with a good book or looking through old photos that bring back happy memories. Kids often love crafting, drawing, or helping decorate the home. These small activities make the season feel cozy and full of joy.

December is also a time when many people like to show kindness. A simple wave to a neighbor, holding the door for someone who has their hands full, or checking on a friend who lives alone can make a big difference. Even the smallest acts can help our communities feel

warm, safe, and welcoming. You never know how much a kind word or a friendly smile might mean to someone during this time of year.

Another special part of December is the feeling of togetherness. Even though all of our Mark Dana communities are in different parts of Virginia, we all share the same wish for a peaceful and joyful season. Some of us celebrate holidays, while others simply enjoy the quiet calm that winter brings. No matter how you spend the month, we hope you feel supported, connected, and at home.

As we wrap up another year, we encourage everyone to take a moment to reflect on the good things—big or small—that happened over the past twelve months. December gives us a chance to start fresh, look forward to a new year, and celebrate the strength of our communities.

From all of us at Mark Dana, we wish you a warm, safe, and happy December filled with comfort, kindness, and moments that make you smile.



Brown Sugar Banana Hot Chocolate

INGREDIENTS:

- 2 cups Milk (any type)
- 1 cup Heavy Cream
- 1 medium ripe Banana
- 2 Tbsp Brown Sugar
- 1 Tbsp Cocoa Powder

- 1 tsp Cinnamon
- 1/2 cup Chocolate Chips
- 1/2 tsp Cinnamon
- 1 tsp Vanilla Extra
- Pinch of Salt



DIRECTIONS:

1. BLEND THE BANANA BASE

In a blender, combine the banana, milk, and brown sugar. Blend until smooth.

2. HEAT THE MIXTURE

Pour the blended mixture into a medium saucepan. Add the heavy cream, cocoa powder, cinnamon, and salt. Warm over medium heat until hot but not boiling.

3. ADD THE CHOCOLATE

Stir in the chocolate chips until fully melted and the drink becomes creamy and smooth.

4. FINISH AND SERVE

Remove from heat and stir in the vanilla extract.. Pour into mugs and top with whipped cream and extra chocolate or cookie crumbs if desired.

HOT CHOCOLATE WORD FIND

BEVERAGE
PEPPERMINT
CANDY CANE
SPRINKLES
CHOCOLATE
DELICIOUS
SUGAR
CREAM
MILK
HOT

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EXMORE VILLAGE

12374 Rue Court Exmore, Virginia 23350 (757)442-9471 www.MarkDanaVa.com





DECEMBER 2025 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rent Due	2	3	4 BINGO - Exmore II Community Room	5 Festive Friday - Cape Charles	6 Chincoteadue Old-Fashioned Christmas Parade
7 Pearl Harbor Remembrance Day	8	9 Pest Control - Exmore II	10 Late Notices at 10:00 am	11 Exmore II Holiday Party	12 Festive Friday - Cape Charles	13 Exmore Christmas Parade
14 Hanukkah begins at sundown	15	16 Pest Control - Exmore Village	17 Exmore Village Holiday Party	18	19 Festive Friday - Cape Charles	20
21 Winter Begins	22	23	24 Office Closed Christmas Eve	25 Office Closed Christmas Day	26 Office Closed Kwanzaa Begins	27
28	29	30	31 New Years Eve			

COMMUNITY CORNER

- ► Happy Holidays to all! Have a safe and healthy holiday season!
- The office will be closed December 24th 26th for the holiday.
- A friendly reminder, rent and water bills are due on the 1st of the month. A late fee of \$15.00 will be applied to rent not paid by 10:00 am on the 10th of the month. If you pay rent with a card, a \$5 convenience fee applies.
- ► All maintenance issues and property concerns must be reported to the office by calling (757)442-9471.
- ► For all after-hours maintenance emergencies, please call (800)224-4787.
- We will be having a Holiday Party for each property. If you plan to attend and/or bring a side dish, please sign up in the office.
- ► Show your holiday spirit! We will be having a Holiday Door Decorating Contest.
- Festive Fridays will take place in Cape Charles on December 5th, 12th, and 19th.
- ► The Exmore Christmas Parade is on December 13th.
- We will be having BINGO on December 4th at 11:00 am in the Exmore II Community Room. All are invited.