

CELEBRATING THANKFULNESS: FINDING JOY IN EVERYDAY MOMENTS

November is often known as the month of gratitude, a time when we're encouraged to notice the good around us—no matter how big or small. While life can bring stress, tight budgets, and daily challenges, choosing to pause and appreciate simple moments can make a real difference in our outlook and well-being. This season, consider these five small but meaningful ways to celebrate thankfulness right where you are.

### 1. Notice the Little Things

Gratitude doesn't always come from big events. It can be found in a warm cup of coffee, a quiet moment in the morning, a child's laugh outside your window, or even the comfort of your favorite blanket on a chilly evening. Take a breath and let yourself appreciate small comforts—they add up.

#### 2. Keep a Gratitude Note

You don't need a fancy journal. A scrap of paper on the fridge or a note on your phone works just fine. Each day, write down one

thing you're thankful for. It could be something simple like "a good meal," "a kind neighbor," or "a sunny morning." Over time, these small notes can remind you how much good surrounds you.

## 3. Speak Kindness Out Loud

Gratitude grows when it's shared. Telling someone, "I appreciate you" or "Thank you for being a good neighbor" can brighten their day—and yours. Whether it's a family member, a friend, a staff member in the community, or someone you pass in the hallway, a few kind words go a long way.

## 4. Offer a Helping Hand

One of the best ways to feel thankful is to be a blessing to



someone else. Holding the door, checking on a neighbor, or lending a hand with groceries are small actions that build a caring community. Helping others reminds us that we're connected, and that we all have something valuable to give.

## 5. Create Simple Traditions

Gratitude doesn't require money—just intention. Maybe it's a weekly walk with a friend, a family night with board games, or making hot cocoa on a cold evening. These small traditions bring joy and something to look forward to.

This November, let's choose thankfulness not just as a holiday theme, but as a daily practice. In the middle of ordinary days, there are moments of joy waiting to be noticed. By slowing down, appreciating what we have, and caring for those around us, we can fill our community with warmth and gratitude—one small moment at a time.

# OLDEST PRINTED PUMPKIN PIE RECIPE (1672)

Recipe Adapted for Modern Kitchens

### **INGREDIENTS:**

- 1 cup Pumpkin purée (not pie mix)
- 1 cup Apples, peeled & chopped
- 2 Tbsp Raisins or currants
- 2-3 Tbsp Sugar or honey
- 1 tsp Cinnamon

- 1/4 tsp Nutmeg
- Pinch of Black pepper
- 1 tsp rosewater
- 1 Tbsp Butter
- Prepared pie crust



#### **DIRECTIONS:**

#### 1. Make the Filling

Boil chopped apples in a small pot with a splash of water until soft (5–7 min). Add pumpkin and cook 2 more minutes. Drain well and lightly mash. Stir in raisins, sugar/honey, cinnamon, nutmeg, pepper, and rosewater/vanilla. Taste and adjust sweetness.

#### 2. Assemble the Pie

Preheat oven to 375°F (190°C). Line pie dish with bottom crust. Spoon in filling and dot with butter. Add top crust, seal edges, and cut vents.

#### 3. BAKE

Bake 35–40 minutes, until crust is golden. Cool slightly before serving. Enjoy warm or room temp, just like they did centuries ago.



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# **NOVEMBER 2025 CALENDAR**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 Daylight Saving Time Ends	3 Rent Due	4 Election Day	5	6 Pest Control 1st Floor/2nd Floor Apt. #202-207	7	8
9	10 Late Notices at 10:00 am	11 Veterans Day	12	13	14	15
16	17	18	19	20 Pest Control 2nd Floor Apt. #209-222/3rd Floor	21	22
23	24	25	26	27 <b>Office Closed</b> Thanksgiving Holiday	28 Office Closed Thanksgiving Holiday	29
30						

# COMMUNITY CORNER

- · Happy Thanksgiving to all!
- Daylight Saving Time ends November 2nd. Be sure to turn you clocks back 1 hour.
- A friendly reminder rent is due on the first of the month. Late fees will be applied to rent not paid in full by 10:00 am on the 10th of each month (if not otherwise stated). Also, please remember that the only forms of payment we accept are checks, money orders, or credit/debit cards (with a \$5 fee). Please do not drop cash or change in the drop box for payments.
- Residents, please note the extermination date for your building above. You will not get another notice. Maintenance or Management may assist Dodson in the apartments.

# COMMUNITY CORNER CONTINUED

- Please remember to <u>remove all valuable items from your vehicles</u>, roll your windows up, and lock your doors! Please note this is private property, and we cannot be held responsible for any damages/thefts.
- Sidewalk chalk has been used on buildings, window screens, and columns and, therefore, is no longer allowed. Also, please do not draw with crayons in the breezeways or sidewalks.
- For everyone's safety, please remember there is a ball field/ballpark next door. Please be mindful of the many vehicles in the parking lot. Please do not kick/throw balls in the parking lot around the vehicles, against the buildings, sheds, and fence around the dumpster. Please remember you are responsible for your tenants/guest(s).
- Please keep a slow speed in the parking lot as young tenants are outside. We also ask that you not throw any objects in the parking lot.
- · Our property is a non-smoking property.
- Our property is a DRUG-FREE PROPERTY. NO DRUGS ALLOWED!
- Please throw trash in the dumpsters, not on the ground. Please do not leave trash in the breezeways by your
  door, as it is not allowed. Do not place furniture in the dumpsters or leave any furniture outside the dumpsters,
  and <u>please break down all boxes before putting them in the dumpsters</u>. Doing so will help keep the dumpsters
  from filling up quickly.
- Reminder There is only 1 pet allowed per apartment (25 lbs and under Breed Restricted). Pets are not allowed in your apartment until the office has been notified first. All pet vaccinations must come from a vet. Visitors/guests are not allowed to bring pets, nor are you allowed to keep/maintain pets that are not yours.
- If you have a maintenance emergency after hours or when the office is closed, please call 1-800-224-4787. Do not call the office phone after hours or on the weekends.
- \*You can now pay your RENT Online\*