



November 2025



CELEBRATING THANKFULNESS: FINDING JOY IN EVERYDAY MOMENTS

November is often known as the month of gratitude, a time when we're encouraged to notice the good around us—no matter how big or small. While life can bring stress, tight budgets, and daily challenges, choosing to pause and appreciate simple moments can make a real difference in our outlook and well-being. This season, consider these five small but meaningful ways to celebrate thankfulness right where you are.

1. Notice the Little Things

Gratitude doesn't always come from big events. It can be found in a warm cup of coffee, a quiet moment in the morning, a child's laugh outside your window, or even the comfort of your favorite blanket on a chilly evening. Take a breath and let yourself appreciate small comforts—they add up.

2. Keep a Gratitude Note

You don't need a fancy journal. A scrap of paper on the fridge or a note on your phone works just fine. Each day, write down one

thing you're thankful for. It could be something simple like "a good meal," "a kind neighbor," or "a sunny morning." Over time, these small notes can remind you how much good surrounds you.

3. Speak Kindness Out Loud

Gratitude grows when it's shared. Telling someone, "I appreciate you" or "Thank you for being a good neighbor" can brighten their day—and yours. Whether it's a family member, a friend, a staff member in the community, or someone you pass in the hallway, a few kind words go a long way.

4. Offer a Helping Hand

One of the best ways to feel thankful is to be a blessing to

someone else. Holding the door, checking on a neighbor, or lending a hand with groceries are small actions that build a caring community. Helping others reminds us that we're connected, and that we all have something valuable to give.

5. Create Simple Traditions

Gratitude doesn't require money—just intention. Maybe it's a weekly walk with a friend, a family night with board games, or making hot cocoa on a cold evening. These small traditions bring joy and something to look forward to.

This November, let's choose thankfulness not just as a holiday theme, but as a daily practice. In the middle of ordinary days, there are moments of joy waiting to be noticed. By slowing down, appreciating what we have, and caring for those around us, we can fill our community with warmth and gratitude—one small moment at a time.



OLDEST PRINTED PUMPKIN PIE RECIPE (1672)

Recipe Adapted for Modern Kitchens

INGREDIENTS:

- 1 cup Pumpkin purée (not pie mix)
- 1 cup Apples, peeled & chopped
- 2 Tbsp Raisins or currants
- 2-3 Tbsp Sugar or honey
- 1 tsp Cinnamon
- 1/4 tsp Nutmeg
- Pinch of Black pepper
- 1 tsp rosewater
- 1 Tbsp Butter
- Prepared pie crust



DIRECTIONS:

1. MAKE THE FILLING

Boil chopped apples in a small pot with a splash of water until soft (5–7 min). Add pumpkin and cook 2 more minutes. Drain well and lightly mash. Stir in raisins, sugar/honey, cinnamon, nutmeg, pepper, and rosewater/vanilla. Taste and adjust sweetness.

2. ASSEMBLE THE PIE

Preheat oven to 375°F (190°C). Line pie dish with bottom crust. Spoon in filling and dot with butter. Add top crust, seal edges, and cut vents.

3. BAKE

Bake 35–40 minutes, until crust is golden. Cool slightly before serving. Enjoy warm or room temp, just like they did centuries ago.

Autumn. Word Search

pie
marshmallow
pumpkin
rosehip
wheat
sunflower
Thanksgiving
acorn
basket
harvest
apple
rowan
mushroom
autumn

H	Z	U	B	D	B	F	D	A	F	Y	P	B	H	N	K
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Key:

H	Z	U	B	D	B	F	D	A	F	Y	P	B	H	N	K
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T	H	Y	A	F	M	A	R	S	H	M	A	L	L	O	W
C	B	D	X	A	P	M	F	N	A	V	P	U	E	O	N
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Y	A	F	C	M	V	X	H	Y	B	U	B	Y	V	N	D

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NOVEMBER 2025 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 Daylight Saving Time Ends	3 Rent Due	4 Election Day	5	6	7	8
9	10 Late Notices at 10:00 am	11 Veterans Day	12 Pest Control Building 3 (7812)	13	14	15
16	17	18	19 Pest Control Building 1 (7808)	20	21	22
23	24	25	26 Pest Control Building 2 (7816)	27 Office Closed Thanksgiving Holiday	28 Office Closed Thanksgiving Holiday	29
30						

COMMUNITY CORNER

- Happy Thanksgiving!
- Daylight Saving Time ends on November 2nd. Remember to turn your clocks back 1 hour.
- A friendly reminder: rent is due on the first of the month. A late fee will be applied to rent not paid in full by 10:00 am on October 10th. The only forms of payment we accept are checks, money orders, or credit/debit cards (with a \$5 fee). Please do not drop cash or change in the drop box for payments. **Please remember to add the \$5 fee to your online payment. This has been a problem and could be why some tenants still have a balance after paying rent and water in full.**
- Residents, please note the extermination date for your building. Pest control will be done on Wednesday.
- If you have a maintenance emergency after hours or when the office is closed, please call 1-800-224-4787. Do not call the office phone after hours or on the weekends.
- Guest/Visitors must have a guest/visitor pass if staying overnight. They MUST park in the visitor area.

COMMUNITY CORNER CONTINUED

- All tenants must have a Brook Villas parking pass placed on the windshield. If you are a tenant and do not have one, please bring your current registration to the Property Manager, and one will be assigned.
- Please, no pets are allowed!
- Please pick up your trash. We want to keep the property looking nice. Anyone found leaving trash in the breezeways will be fined.
- If the dumpsters are full, please do not leave trash outside the dumpsters or outside of your door.
- Please do not drag trash bags through the breezeways. It leaves the area looking unpleasant.
- **When putting trash in the dumpster, please be sure bags are securely tied closed!**
- Please do not put flushable wipes down the toilet or grease down the drains. Both will damage pipes and cause a lot of issues. Tenants will be charged a \$100.00 fee to their rent for any damages resulting from ignoring these requests.