



February, 2025

## MAKING EVERYDAY SPECIAL: SIMPLE WAYS TO CELEBRATE FEBRUARY

February might be a short month, but it's filled with opportunities to make each day extraordinary. Beyond the well-known celebrations, there are plenty of quirky holidays that bring fun and community spirit. Below are some unique ways to honor these special days in your community.

### **National Ice Cream for Breakfast Day - Feb 1**

Start the month on a sweet note! Treat yourself to a scoop of your favorite flavor first thing in the morning. If you have neighbors or friends who are game, invite them over for an impromptu "ice cream social." It's a delightful—and chilly—way to jump-start February.

### **National Thank a Mail Carrier Day - Feb 4**

Show gratitude to the dedicated men and women who deliver your packages and letters. A simple handwritten thank-you note, or a small snack pouch left in your mailbox area goes a long way in brightening their day. This gesture also strengthens our sense of community and kindness.

### **National Wear Red Day & National Kite Flying Day - Feb 8**

Don your favorite red outfit to raise awareness for heart health. Swing by

the leasing office dressed in red for a quick photo op and share your snapshots on the Mark Dana Management Facebook page. If the weather permits, head outside for National Kite Flying Day. Gather some friends or neighbors for a friendly kite-flying competition in a nearby park or open field.

### **National Shut-In Visitation Day - Feb 11**

Reach out to neighbors who might be homebound or need extra help. A small act—like offering to pick up groceries or dropping off a home-made meal—can make a big difference.

### **IHOP's National Pancake Day - Feb 13**



Who doesn't love pancakes? Whether you whip up a batch in your own kitchen or swing by a local IHOP, celebrate the day by indulging in

fluffy flapjacks. Share your pancake tips, toppings, or favorite recipes on the MarkDana Facebook Page to inspire others.

### **National Random Acts of Kindness Day - Feb 17**

Pay for someone's coffee, leave a kind note on a neighbor's door, or donate to a local charity. Encourage fellow residents to perform one thoughtful deed—big or small—and watch how the goodwill ripples through the entire community.

### **National Comfy Day - Feb 20**

Break out your cozy pajamas, fuzzy socks, or soft blankets. Make it official by planning a "Comfy Night In," complete with movies, popcorn, and plenty of pillows.

### **National Public Sleeping Day - Feb 28**

This day is all about relaxation and humor—though you might want to choose your spot carefully!

From sweet breakfasts to heartfelt gestures, February offers many ways to make every day special. Embrace these fun holidays, involve your neighbors, and let's keep our community spirit shining bright—even in the winter chill!

# CHICKEN WITH ROSEMARY BUTTER SAUCE FOR 2

## INGREDIENTS:

- 2 boneless, skinless Chicken Breast halves (4 oz each)
- 2 Tablespoons Butter, divided
- 1/4 cup White Wine or Chicken Broth
- 1/4 cup Heavy Whipping Cream
- 1 1/2 teaspoons Minced Fresh Rosemary



## DIRECTIONS:

1. In a small skillet over medium heat, cook chicken in 1 tablespoon butter for 4-5 minutes on each side or until a thermometer reads 170°. Remove and keep warm.
2. Add wine to the pan; cook over medium-low heat, stirring to loosen browned bits from pan. Add cream and bring to a boil. Reduce heat; cook and stir until slightly thickened. Stir in rosemary and remaining butter until blended. Serve with chicken.

## PUZZLE CORNER

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5								
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# ACCOMACK MANOR

6463 Metompkin Road  
Parksley, VA 23421  
(757)665-5848  
www.MarkDanaVa.com



## FEBRUARY 2025 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Groundhog Day	3 <b>Rent Due</b>	4 Exterminator 3rd Floor	5	6	7	8
9	10 <b>Late Notices at 10:00 am</b>	11 Exterminator 2nd Floor	12	13	14 Valentine's Day	15
16	17 Presidents Day	18 Exterminator 1st Floor	19	20	21	22
23	24	25	26	27	28	

## COMMUNITY CORNER

- ▶ A friendly reminder that rent is due on the 1st of the month. A late fee of \$50 will be applied to rent not paid by 10:00 am on the 10th of the month. Please make sure your apartment number is included on your payment.
- ▶ Please help keep halls and laundry rooms clean and pick up after yourself.
- ▶ Reminder: There is absolutely No Smoking of any kind, including marijuana, permitted on Accomack Manor grounds.
- ▶ If you have a maintenance emergency, please call 800-224-4787.